

## Rules for Recreational Play

Courtesy of the Disc Golf Association

### GENERAL

Disc golf is played like ball golf using a flying disc. One point is counted each time the disc is thrown and when a penalty is incurred. The object is to acquire the lowest score.

### TEE THROWS

Tee throws must be completed within or behind the designated tee area. Do not throw until the players in front of you are out of range.

### LIE

The spot where the previous throw has landed; mark the spot with a mini disc or turn over the thrown disk directly towards the hole or dog leg until that players' turn comes around.

### THROWING ORDER

After teeing off, the player whose disc is farthest from the hole always throws first. The player with the least amount of throws on the previous hole is the first to tee off on the next hole.

### FAIRWAY THROWS

Fairway throws must be made with the foot closest to the hole on the lie. The other foot may be no closer to the hole than the lie. A run-up and normal follow-through, after release, is allowed.

### DOG LEG

A dog leg is one or more designated trees or poles in the fairway that must be passed as indicated by arrows. Until the dog leg is passed, the closest foot to the dog leg must be on the lie when the disc is released.

### COMPLETION OF HOLE

A disc that comes to rest in the Disc Pole Hole basket or changes constitutes successful completion of that hole.

### UN-PLAYABLE LIE

Any disc that comes to rest above the ground is considered an un-playable lie. The disc must be thrown from the lie on the ground, directly underneath the un-playable lie and relocated to avoid damage to the vegetation.

### OUT-OF-BOUNDS

A throw that lands out-of-bounds must be played from a point 3 feet in-bounds from where the disc when out-of-bounds. Permanent water hazards and public roads are always out-of-bounds.

### PENALTIES

Recreational players will not be penalized for rule infractions. Other players will keep you honest!

### COURSE COURTESY

Please pick up trash and help new players play by the rules. You are the one that makes it work. Remember the most important rule: The one who has the most fun wins!

### Get involved!

This course is maintained by the Bear Claws Disc Golf Association. For more information on their organization, please visit [www.bearclaws.org](http://www.bearclaws.org)

### Where else can I play in State Parks?

Canoe Creek  
Clear Creek  
Codorous  
Fort Washington  
French Creek

Gifford Pinchot  
Moraine  
Nockamixon  
Shawnee  
Tyler

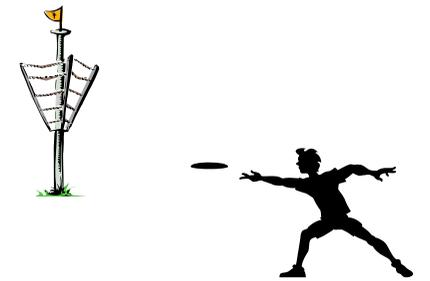


Help preserve the integrity of the park for disc golf course users who come after you. Practice these Leave No Trace principles.

- Dispose of Waste Properly
  - o Pack it in, Pack it out
- Leave What You Find
  - o Leave rocks, plants, and other natural objects as you find them.
- Respect Wildlife
  - o Observe wildlife from a distance.
  - o Never feed or pet wild animals.
  - o Keep your pet leashed and under control at all times.
- Be Considerate of Other Visitors
  - o Respect other visitors and protect the quality of their experience.

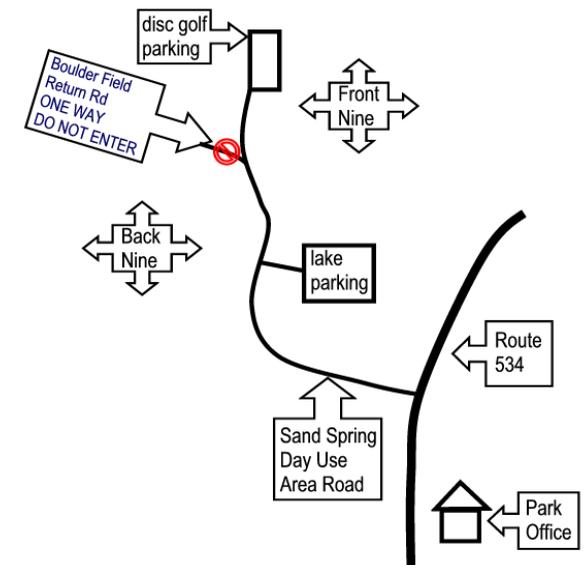
## HICKORY RUN STATE PARK

## Disc Golf Course



Disc Golf (also known as Frisbee Golf) is a fun recreational activity the whole family can participate in. To enjoy a basic game, all you need are a few Frisbees!

Disc Golf Course Location



### For more information

Hickory Run State Park  
RR 1 Box 81  
White Haven, PA 18661

(570) 443-0400  
hickoryrunsp@state.pa.us

[www.dcnr.state.pa.us](http://www.dcnr.state.pa.us)



